

Student Handout: Unit 4 Lesson 1



Looking For Inspiration: Looking At Transitions

Suggested time: 1 Hour

What's important in this lesson:

The purpose of this lesson is to allow you to think about and understand how the changes you make in your life will help you to be successful in the future, in school, in the workplace, in life.

Complete these steps:

1. Complete Handout 1 “Diagnostic/Introductory Activity: Looking At Transitions.”
2. Complete Handout 2 “Mind Mapping”. In each box, fill out examples of each kind of transition, e.g., graduation, marriage. Put down examples from your own life if you can. If you need help coming up with examples of the different kinds of transitions on the page, ask for help from your teacher.
3. Complete Handout 3 “Graffiti Exercise”.
 - Note: A “Graffiti Wall” is a place you can place pictures or words or phrases about the idea that you are explored in the Mind Map.
 - You may include transitions made by other people – from their own lives, from literature, from the world.
 - Fill in your own “Graffiti Wall” template with your own ideas. You may use words, phrases, pictures, and personal drawings that show what you mean by the word “transitions”.
4. Complete “Reflection Activity: Dealing With Transitions On-The-Job”. You will be asked to advise a teenager about a problem he/she is having with a change at work: a new owner has bought the coffee shop. The new owner is not as nice as the previous owners. How should Saba handle this change?

Hand-in the following to your teacher:

1. Completed Mind Map Template: Handout 1 “Mind Mapping”
2. Completed Graffiti Wall Template: Handout 2 “Graffiti Exercise”
3. Completed “Reflection Activity: Dealing With Transitions On-The-Job”

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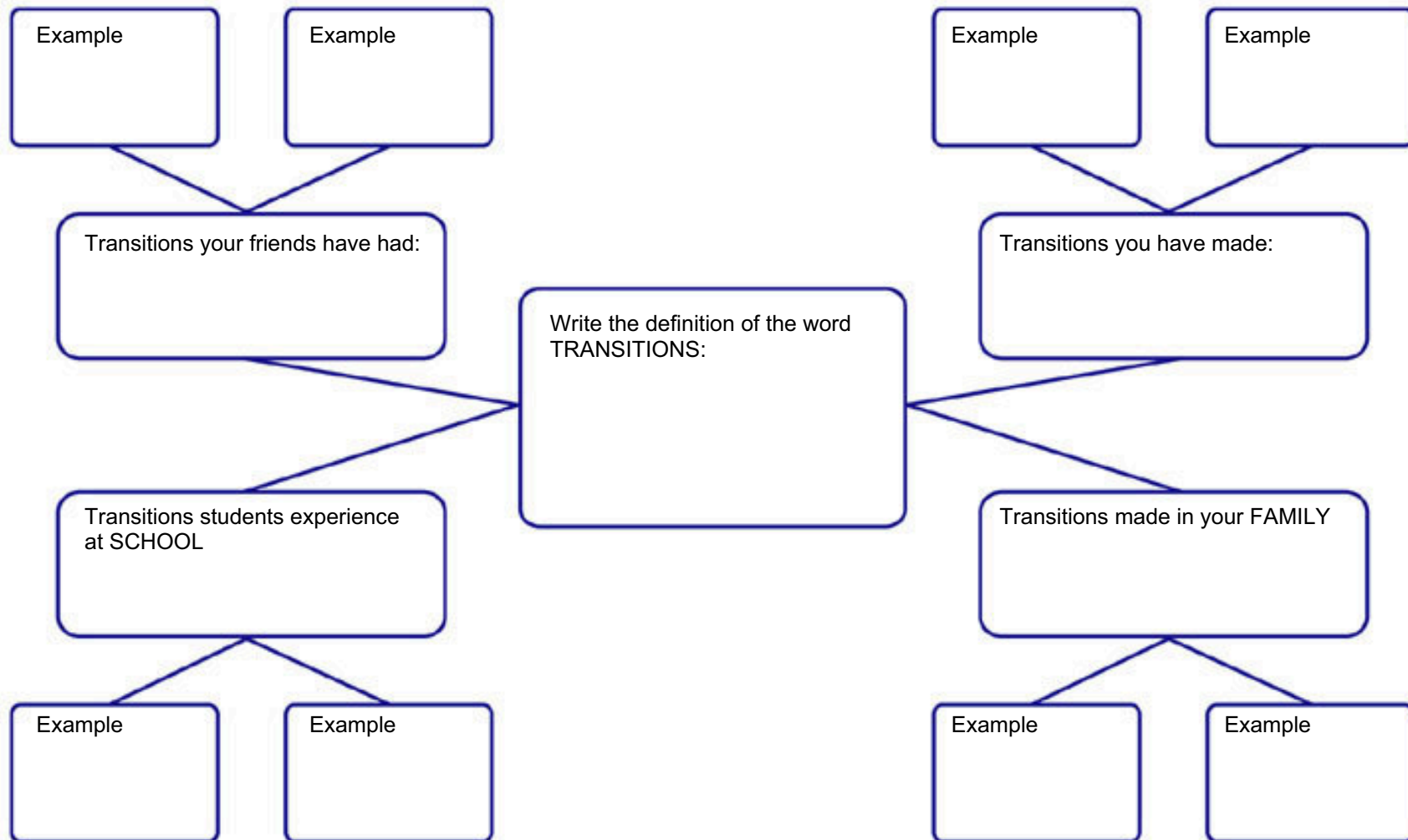


Questions for the teacher:



MIND MAPPING

- 1. Start with the box in the center and write down your own definition.
- 2. There are several kinds of transitions listed in the map. Give examples of each kind of transition in the boxes marked "Example."



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Graffiti Exercise

Instructions:

The next page is a “Graffiti Wall.” It is a place for you to put down all the ideas you have about Transitions. You could put: (fill out each box with your own ideas)

Words that have the same meaning as transitions:

Feelings we experience when we go through a transition:

Pictures of things that come to mind when we think of transitions: (for example – babies, things connected to jobs, marriages, leaving home..)

Now that you have done some thinking about transitions, create a graffiti wall on the next page.

You can use:

- **Words**
- **Drawings**
- **Symbols**
- **Pictures**
- **Graphics from the computer, etc.**

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Dealing With Transitions On-The-Job

You are an advice columnist named “Work Wizard.” You work for a local newspaper, and help advise people about problems they are having at work. You have received the following letter, and need to respond to it.

Read the letter:

Dear Work Wizard:

My name is Saba, and I am 16 years old. I have been working part-time at a coffee shop in my home town for a few months. This is my first part-time job.

When I began working, it was a lot of fun. The people who hired me were a really nice old couple. They never yelled at me, even when I made mistakes. I did not mind working an extra shift for them when they needed me to, because they were so kind. Sometimes they even gave me free treats from the store.

My problem is that they sold the store to a new owner. She is not very nice at all. She yells at me all the time, even for things that are not my fault. I think she just doesn't like me.

I would like to quit, but this is a really small town, and I am lucky to have a job at all.

What should I do?

Signed,
Desperate in Small Town Ontario

What do you think she should do?

Think about your own experience in dealing with difficult people.
List at least 2 pieces of advice for Saba in the space below:

- 1.
- 2.

Now, begin writing your letter on the next page.

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Dear Saba,

You have a hard problem at work, but it is not hopeless. If I were you, I would _____ . If that doesn't work, then I might try _____ .

It is important that you try to have a good experience with your first job.

Good luck – let me know how it works out.

Sincerely,

Working Wizard