

Diagnostic Activity: Unit 1 Lesson 2



NAME _____

PRIOR LEARNING CHECKLIST

Below, in the left hand column are listed some skills that are requires to use the computer for research. For each of these, indicate the extent to which you feel comfortable and competent in the skill by circling the appropriate number. The number “1” indicates that you are not familiar with of comfortable with the skill while the number “4” indicates a high degree of familiarity of comfort with the skill.

	1 (not familiar/ comfortable)	2 (somewhat familiar/ comfortable)	3 (familiar/ comfortable)	4 (very familiar/ comfortable)
1. Use of computers				
2. Internet Use				
3. Keyword Searches				
4. Navigation (site to site)				
5. Evaluation of Information				
6. Printing Selected Material				

Student Handout: Unit 1 Lesson 2



GLOSSARY OF KEY TERMS

Abilities	What you learned throughout your life, not just in school (typing, cooking, swimming).
Aptitudes	What comes easily to you (mechanical skills, technical skills).
Characteristics	What qualities you have as part of your personality (shy, happy, energetic).
Communication Skills	The ability to speak and listen carefully, with due attention to the message and audience.
Employability Skills	Three critical skills required in all work settings: academic, personal management and teamwork.
Goal	A statement of intent that is measurable, achievable, concrete and specific.
Interest	What you like to do. What gives you personal satisfaction (sports, reading, music).
Learning Style	The primary way a person learns. The three commonly identified learning styles are: visual learner, auditory learner, and tactile learner.
Multiple Intelligences	A theory that each person has 8 different kinds of intelligence: verbal/linguistic, logical/mathematical, visual/spatial, body/kinesthetic, musical/rhythmic, interpersonal, intrapersonal and naturalistic
Personal Profile	A summary of self-assessment activities that lists achievements, interests, skills, intelligence types, learning styles and personal characteristics.
Reflection	To look back at what one has done or thought; to reassess; to rethink
Skills	Abilities or capabilities that can be acquired and improved with experience, practice and training.
Teamwork Skills	A person's set of "group dynamic" abilities; how a person works and gets along with others

Student Handout: Unit 1 Lesson 2



Transferable Skills Abilities or capacities that can be transferred from
One situation or task to another

Values What is important to you and what makes you behave
in a certain way. (Being with others, family, honesty,
generosity)

Student Instruction Sheet: Unit 1 Lesson 2



THE BIG PICTURE OF ME

Suggested time: 1 HOUR

What's important in this lesson:

You will gather information on your personality traits, skills, values and learning styles. This information will help you understand why you behave in certain ways and why you may be more successful in one area rather than another. Knowing this will help you set goals in school so that you can follow your desired career path.

Complete these steps:

1. Complete Prior Learning Checklist
2. Use the Glossary of Key Terms handout to review the following terms: values, skills, interests and multiple intelligences using 3. Complete Canada Prospects: The Big Picture of Me (computer assignment)
4. Complete the Reflection
5. If you wish you may complete additional self assessments at:
 - www.mazemaster.on.ca
 - <http://osca.ouac.on.ca>
 - www.nextsteps.org
 - <http://10steps.careerpathsonline.com/index.asp>
 - www.youth.gc.ca
 - www.edu.gov.on.ca/eng/general/elemsec/job/prospect/

Hand-in the following to your teacher:

1. Computer printout of The Big Picture of Me assignment
2. Reflection

Questions for the teacher:

Reflection Activity: Unit 1 Lesson 2



NAME _____

REFLECTION ACTIVITY

Refer to your self-assessment-“BIG PICTURE OF ME”

1. Do you think these findings are accurate?

2. Identify three to five characteristics that describe who you are and what kind of work you enjoy.

Student Handout: Unit 1 Lesson 2



CANADA PROSPECTS: THE BIG PICTURE OF ME

1. Log on to www.careerccc.org
2. CLICK on **English**
3. CLICK on **CANADA PROSPECTS** on the left hand side of the page
4. CLICK on **GRAPHIC VERSION**
5. CLICK on **PREVIOUS ISSUE**-left hand side of the page **SELECT 1999**
6. Go to **Section 1-YOU HAVE WHAT IT TAKES**
7. CLICK on **#4-Step 1 - WHAT DO YOU CARE ABOUT MOST?**
8. **READ** and indicate how important each value is to you and then remember to click the **SUBMIT VALUES** button at the bottom of the page
9. **Read** over your values results and now complete the section **My five most important values are:**
10. CLICK on **SUBMIT MY VALUES**
11. **Step 2 - SKILLS- WHAT ARE YOU GOOD AT DOING?**
12. **READ** and indicate how well you perform the skills in each category and then remember to click on **SUBMIT SKILLS** button at the bottom of the page
13. **Read** over your skills results and now complete the section **My strongest skills are:**
14. CLICK on **SUBMIT SKILLS**
15. **Step3 - HOW ARE YOU SMART?**
16. **READ** about **Eight Multiple Intelligences** at the bottom of the page
17. Then **CLICK** on **WHAT ARE MY MULTIPLE INTELLIGENCES?**
18. **READ** and answer the following questions and remember to click the **TOTAL MY SCORES** button at the bottom of the page
19. **Read** over your multiple intelligences results and now complete the section. **My top four Multiple Intelligences are:**
20. **CLICK** on **SUBMIT MULTIPLE INTELLIGENCES** at the bottom of the page
21. **Step 4 - WHAT OCCUPATIONAL SECTORS INTEREST YOU MOST?**
22. **Read** over and select the occupational sectors that interest you most and don't forget to **CLICK** on the **SUBMIT OCCUPATIONAL SECTORS** button
23. **Read** over and now complete the section **The five occupational sectors that interest me most are:**
24. **CLICK** on **SUBMIT OCCUPATIONAL SECTORS**
25. For this section **PUTTING IT ALL TOGETHER**
26. You must complete the sentences on the right hand side and
27. Take time to read over **Campaigning for your Future** at the bottom of the page
28. **What are the eight questions you should consider?**
29. **CLICK** on **SUMIT MY INFORMATION**
30. **Read** over **The Big Picture of Me** and then follow instructions to **PRINT: CLICK** Print on your browser