

Student Instruction Sheet: Unit 1 Lesson 4



WHO AM I? CULMINATING ACTIVITY

Suggested time: 1 HOUR

What's important in this lesson:

- Summarizing and documenting information that you have gathered using a variety of assessment tools
- Making personal judgments about the findings and determining the potential benefits the information provides to you

Complete these steps:

1. Document your findings on the Summary Chart
2. Complete Summary Reflection

Hand-in the following to your teacher:

1. Who Am I? Summary Chart
2. Summary Reflection

Questions for the teacher:

Evaluation: Unit 1 Lesson 4



WHO AM I?

CULMINATING PERFORMANCE TASK

Expectations:

- PMV.01 - demonstrate an understanding of and apply strategies needed for success in school
- PMV.02 - identify their interests, skills, characteristics, and accomplishments and describe how these are influenced by their experiences
- PMV.03 - describe the personal management skills and characteristics needed to succeed in school, work, family life, and the community and demonstrate the effective use of personal management skills in a variety of settings
- PMV.04 - demonstrate understanding and effective use of interpersonal skills required to establish and to maintain positive relationships and to work effectively in teams or groups

Task Breakdown

As a component of this unit, students have undertaken a wide variety of assessments tools designed at helping them learn who they are. Through various interest inventories students have learned the relevant process of self-discovery. As part of this reflective practice process, students are to complete a summary chart and reflection that will highlight each of the following topics related to their self-discovery:

Content: in-class assignments

Know Yourself Activity _____
Impact Chart _____
Big Picture of Me _____
Transferable Skills _____
Employability Skills Quiz _____
Reflections _____

Who Am I? Summary Chart _____
Reflection _____

- a) Your reflection should be written in complete sentences
 - b) It should be approximately 250-300 words in length
- When writing your reflection focus on the following questions

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- Describe the purpose and use of self-assessment and standardized assessment tools in the career development process. Use specific examples from the various activities.
- What did you find out about yourself upon completing the self-assessment activities?
- What activities or goals can these self-assessments help you set?

Culminating Activity: Unit 1 Lesson 4



Name: _____

WHO AM I? SUMMARY SHEET CULMINATING ACTIVITY

Enter the results of your assessments

<p>Impact Chart Things that influence me:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>Employability/Transferable Skills Skills that I have:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Multiple Intelligences My strongest smart:</p> <hr/> <hr/> My second strongest smart: <hr/> <hr/> <hr/>	<p>Skills and Interests I am best at:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Values What I value most in life:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>Occupational Sectors/Fields of Work What occupation or fields of work am I most interested in?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Know Yourself My strongest passion:</p> <hr/> <hr/> My second strongest interest: <hr/> <hr/> <hr/>	<p>Other (Optional)</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

Culminating Performance Task Rubric

Criteria	Level 4 (80-100%)	Level 3 (70-79%)	Level 2 (60-69%)	Level 1 (50-59%)	R
Knowledge Understands the purpose of self assessment	Demonstrates thorough understanding	Demonstrates considerable understanding	Demonstrates moderate understanding	Demonstrates limited understanding	Unable to demonstrate understanding
Thinking and Inquiry Understands Self	Reflection uses critical and creative thinking skills with a high degree of effectiveness	Reflection uses creative thinking skills with considerable effectiveness	Reflection uses creative thinking skills with moderate effectiveness	Reflection uses critical and creative skills with limited effectiveness	Reflection does not demonstrate the use of creative and critical thinking skills
Communication Communicates information, ideas, and experiences	Communicates information, ideas, and experiences with a high degree of clarity and confidence.	Communicates information, ideas and experiences with considerable clarity.	Communicates information, ideas, and experiences with moderate clarity	Communicates information, ideas, and experiences with limited clarity	Unable to communicate information, ideas, and experiences
Application Connects assessment results with future goals	Uses critical and creative thinking skills with a high degree of effectiveness	Uses critical and creative thinking skills with considerable effectiveness	Uses critical and creative thinking skills with moderate effectiveness	Uses critical and creative thinking skills with limited effectiveness	Unable to think creatively and critically

Mark per Category			
Knowledge	_____	Thinking and Inquiry	_____
Communication	_____	Application	_____

Most Consistent Mark (Overall Mark)
