

GLC20 Unit 1: Personal Management

Activity 6: Culminating Activity: Personal Reflection

Overview

In this activity, you will demonstrate your ability to assess yourself. Over the course of this unit, you have been required to perform activities that have been designed to help you learn more about yourself. Now, you are going to bring everything together to create a personal reflection.

Lesson

Understanding yourself is a necessary step in ensuring happiness in your life. When you recognize and understand your interests, skills, and personality, you are well equipped to make important decisions for yourself. Knowing who you are allows you to use your strengths and improve on your weaknesses, therefore making you a better person. Self-understanding will not only help you achieve your goals in high school, but will also help you to make appropriate plans for yourself once you finish high school.

Assignment

1. How would you describe yourself to someone? Write a personal reflection that describes you. Your reflection must include the following:
 - a. An introductory paragraph where you introduce yourself and discuss your short term and long term goals.
 - b. A paragraph about your communication style (strengths and weaknesses)
 - c. A paragraph about your personal management skills (strengths and weaknesses)
 - d. A paragraph about your essential skills (school and employability)
 - e. A paragraph about any other information about you that you think is important